

October 2018

Noon Menu



***In addition to the menu,
the following choices will be available daily:***
 Tossed Salad
 Dinner Roll
 Applesauce
 Sugar-Free Ice Cream
 Baked Potato
 Grilled Chicken Breast
 Fruit
 Ice Cream
 Sherbet
 Baked Sweet Potato

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Pork Roast and Sauerkraut Grilled Chicken Prince Charles Veggies Mashed Potatoes Fruit and Yogurt Parfait	2 Deviled Eggs BBQ Country Pork Ribs Chicken Legs Hasselback Potatoes Corn Broccoli Angel Food Cake with Lemon Sauce and Whipped Topping	3 Pepper Steak Fish w/ Lemon Baked Potato Harvard Beets Cauliflower Brown Sugar Apples w/ Ice Cream	4 <u>Lunch w/ MVNU Students</u> Tossed Salad Meat Loaf Mashed Potatoes Green Beans Vanilla Ice Cream w/ Peanut Butter Cookie	5 Liver and Onions Creamy Ham and Fettuccine Broccoli Nantucket Vegetables Mashed Potatoes Fruit of the Forest Pie	6 Spaghetti w/ Meat Sauce Breaded Pork Patty Scalloped Potatoes Green Beans Carrots w/ Dill Garlic Bread Stick Fresh Grapes
7 Pretzel Salad Stuffed Peppers Roast Beef w/ Potatoes, Carrots, Celery & Onions Peas Lemon Crunch Pie	8 Coleslaw Chicken, Rice and Broccoli Casserole Pork Chop Baked Sweet Potato Nantucket Vegetables Lima Beans Pineapple Upside Down Cake	9 New England Boiled Dinner Lemon Pepper Chicken Baked Potato Prince Charles Vegetables Corn Bread Warm Chocolate Pudding Cake	10 Mazza's Salad Spaghetti w/ Meatsauce Liver and Onions Mashed Potatoes Brussel Sprouts Garlic Breadstick Watermelon	11 Orange Jello w/ Pineapple Ham Loaf Sweet and Sour Meatballs Cheesy Potatoes Carrots Green Beans Cantaloupe	12 Baked Fish w/ Lemon Butter Broccoli Beef Stir Fry Baked Potato Corn Warm Apples over Ice Cream	13 Turkey Tetrizzini Breaded Chicken Legs Harvard Beets Scalloped Potatoes Lima Beans Fruit Cocktail Cake
14 Roast Beef Breaded Shrimp Mashed Potatoes Baked Parmesan Zucchini Carrots Cheese Cake w/ Cherry Topping	15 Cranberry Sauce Roast Pork w/ Sauerkraut Grilled Chicken Mashed Potatoes Corn Spinach Fruit and Yogurt Parfait	16 Onion & Cucumber Slices w/ Vinegar Sour Cream Dressing Meatloaf Pork Chops Cauliflower Northwestern Veggies Mashed Potatoes Baked Custard	17 Smoked Sausage w/ Red Potatoes, Onions, Carrots and Peppers Corn Bread Crab Cakes Baked Sweet Potatoes Green Beans Fresh Fruit	18 Creamy Pea Salad Chicken Piccata Fish w/ Tartar Sauce Corn Harvard Beets Mashed Potatoes Fresh Grapes	19 New England Boiled Dinner w/ Ham Corn Bread Liver and Onions Mashed Potatoes Corn Apple Pie with Ice Cream	20 Grilled Chop Steak w/ Onions, Peppers & Mushrooms BBQ Chicken Legs Nantucket Vegetables Green Beans Hash Browns Coconut Cream Dessert
21 Cranberry Jello Salad Chicken in Wine Sauce Roast Turkey w/ Stuffing Sweet Potato Casserole Carrots and Peas Lemon Crunch Pie	22 Mazza Salad Lasagna Chicken w/ Wine Sauce Baked Potato Cauliflower w/ Cheese Sauce Spinach Garlic Breadstick Watermelon	23 Coleslaw Meatloaf Fish w/ Lemon Corn Brussels Sprouts Mashed Potatoes Baked Custard	24 Pot Roast w/ Potatoes, Carrots, Celery & Onion Oriental Chicken Baked Potato Broccoli Cantaloupe	25 Ham Loaf Breaded Shrimp Green Bean Casserole Lima Beans Cheesy Potatoes Apple Pie	26 Beet Salad Salmon Cakes w/ Lemon Pork Chop Rice Pilaf Oven Browned Potatoes Creamed Peas Squash Banana Cream Dessert	27 Chicken A La King over Biscuit Salisbury Steak Mashed Potatoes Carrots Lima Beans Fruit Cocktail Cake
28 Apple Sauce Jello Ham w/ Raisin Sauce Roast Beef Mashed Potatoes Baked Sweet Potato Green Bean Casserole Beets Hawaiian Wedding Cake	29 Waldorf Salad Bratwurst w/ Sauerkraut Grilled Chicken Breast Mashed Potatoes Prince Charles Vegetables Lima Beans Watermelon	30 Creamy Swiss Chicken Bake Spaghetti w/ Meat Sauce Northwestern Vegetables Hasselback Potatoes Garlic Breadstick Frozen Orange Pecan Dessert	31 Happy Halloween Mystery Buffet "with Wiggles and Squiggles ... Sweeties and Souries Topped with ????"			